

June 19, 2023



Daily Reflections

JOURNEYING THROUGH CHALLENGING TIMES

Image by Christine Sponchia from Pixabay

GOD'S WORD ILLUMINATES

By Sr. Jane DeLisle, CSJ

The Verse Before Today's Gospel

Your word is a lamp to my feet.

Psalm 119:105

Reflection

Have you ever read scripture or heard it read only to realize later that what was read cannot be recalled? I even pray over the daily Gospel in the morning, but then later in the day can't recall the reading. Perhaps I paid only scant attention in the moment, or I simply moved on too quickly, distracted by many things.

My desire is to be open to God's abiding presence. The Word of God is given to inform my living, my choices, my way of proceeding in life. The Word tells me something about who God is and what God desires for me. Prayer, too, helps

me encounter God in the everyday. Not only so I rely on God or seek God's assistance -- rather, Scripture is about God and reveals who God is. *I ask myself, what does this reading teach me about God?*

REFLECTION CONTINUED BELOW



Candles from Cathedral Notre-Dame-du-Puy en Velay, France
Photo by Sr. Jane DeLisle, CSJ

Reflection Continued

Through prayerful consideration, God makes God's abiding presence and loving desire known to me. In the moment, God is present, available, and heard. When fully attentive to the Word, all my senses, my mind and heart are called into play in the reading or hearing of the Word. I am invited to encounter God and be in a relationship that influences my life.

As I reflect on the Word, I sense God's desire for me, for the world. I am invited to go forth and be God's gracious, loving presence in the world. ***God's Word IS a lamp to my feet.*** I take in the Word, I see and hear God's voice, I experience something of who God is for me now. I discern what God has for me today. I let the Word inform all my words, actions, and choices. In and through the Word received, I am sent to be God's loving, compassionate, forgiving, and merciful presence in my sphere of influence for today. Please God, make yourself known to me.

For Pondering

- How do I LISTEN to God's Word?
 - How does listening to God's Word and hearing it influence my daily life?
 - What does the Word of Scripture tell me about who God is?
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