

June 15, 2023



Daily Reflections

JOURNEYING THROUGH CHALLENGING TIMES

Image by Christine Sponchia from Pixabay

GLORY IN THE LORD

By Sr. Jayne Helmlinger, CSJ

An Excerpt From Today's Responsorial Psalm

The glory of the Lord will dwell in our land.

PSALM 85:10

Reflection

I chose this picture for the responsorial for today because it speaks to the inner and outer beauty of our life with the Beloved. I find nature as one of the easiest paths to access both my intellect and emotions and tap deeply into my spirituality. This photo was taken near Tampa, FL during an LCWR (Leadership Conference for Women Religious) retreat for leaders. It symbolizes both the inner world deep within each of us and the outer world in which we live.

Today's response captures the spirit of this photo because the reflection of the trees is so clearly visible in the water. It is the sentiment in the words "the glory of the Lord will dwell in our land" if we can imagine the land being ourselves as well. God dwells in each of us and most of the time, we allow others only glimpses of the deep, inner beauty within us.



Bethany Center – Retreat House in St. Petersburg, FL
Photo by Sr. Jayne Helmlinger, CSJ

Dwell In Us

O inner beauty, love Divine, Spring of Life,
help us draw near to you in the depths of our being.
May we see the reflection of your beauty in our own reflection.

O Source of all being, Spring of Eternal Promise,
be the reservoir that nourishes and replenishes
us each day as we seek to honor and glorify You.

O Water of Life, Radiant Son of God,
imbue us with the rays of Your light as we
reflect the life-giving waters of our baptism.

For Pondering

- Reflect on how God's dwelling within you is reflected in your life.
 - How might you allow more of your own deep, still waters within to be shared with those who are thirsting for a touch of God's grace?
-

For Prayer

*Let us glorify God in the depths of our being
and in the manner we live each day.*

*May we be mirrors for others
in order for them to know of their beauty
both inwardly and outwardly.*

Amen.

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